

Southend Carers Hub – our services

Southend Carers Hub is a partnership of specialist local charities providing support to unpaid carers of all ages in the borough of Southend-on-Sea. By working together, we can make it much easier for unpaid carers to access the quality support and services they need to live their own lives. Our commitment is to ensure our services are inclusive and open to all within our vibrant diverse community.



The services we provide are free to carers of all ages.

Being a carer is not easy, but we can help make life a little easier with a range of services – so why not register, you'll be glad you did. You can register with us online here www.southendcarers.co.uk/register-with-us or by post or over the telephone just call 01702 393933.

**Health, Social Care and Community Professionals, have you identified a carer?
We can offer them support,
make a referral here https://www.southendcarers.co.uk/register-with-us/#Prof_Ref**

Southend Carers Hub services:

- Advice, information & guidance
- Carers breaks
- End of life care and emotional support
- Counselling
- Telephone support
- Crisis respite care
- Groups –activities and peer support
- Carers e-handbook
- Emergency planning
- Learning and training
- Young Carers -support and activities
- Young Adult Carers support
- Outreach support and engagement
- Referral to other agencies
- Family activities and support - children with special educational needs and disabilities



01702 393933 | www.southendcarers.co.uk | facebook.com/southend.carers

Email enquiries

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