



Respite Service

Would you like to attend a group but are unable to leave the person you care for alone?

The Southend Carers Hub offers a free respite service to Carers.

To find out more or to arrange a sitting service contact us on:

01702 393933

Or email

info@southendcarers.co.uk

Southend Carers
29 - 31 Alexandra Street
Southend on Sea Essex
SS1 1BW
Registered charity 1093240



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